

# Teacher Training Application Form

(All blanks must be answered for application to be valid)



Name \_\_\_\_\_

Email \_\_\_\_\_

Phone Number (\_\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Age \_\_\_\_\_

Occupation \_\_\_\_\_

Do you currently practice at The Yoga Stand?  YES  NO

How long have you been practicing yoga? \_\_\_\_\_

What brought you to yoga? \_\_\_\_\_

Gender  M  F

Marital Status \_\_\_\_\_

Children \_\_\_\_\_

Education and Colleges Attended \_\_\_\_\_

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Please list any previous yoga experience: length of time, teachers and types of yoga.

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If you are a yoga teacher, what types of classes and frequency do you teach, as well as workshops, retreats you have facilitated? \_\_\_\_\_

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Please list any other health and fitness training or related background you have. \_\_\_\_\_

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Please list yoga workshops, retreats or teacher trainings you have attended. \_\_\_\_\_

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What are your expectations for this Training? \_\_\_\_\_

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Would you like to become a yoga teacher?     YES     NO

If yes, please explain why. \_\_\_\_\_

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Please list any non-yoga personal growth, transformational-based courses, workshops, seminars or retreats you have completed. \_\_\_\_\_

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Please list any medications you are currently taking or have taken in the last year that were prescribed by a health care professional. (required) \_\_\_\_\_

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During the last two years have you been under the care of a physician or mental health professional (psychiatrist, therapist, or other health care professional)?  YES  NO

If yes, please explain. \_\_\_\_\_

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What is your intention for attending this training? \_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

I acknowledge that I have answered the above questions honestly and completely. I acknowledge that I will be contacted for a phone interview for clarification of this application. I understand that by filling out this application I am not guaranteed acceptance into The Yoga Stand's Teacher Training School.

**Refund and Cancellation Agreement:** All fees are non-refundable. Credit toward future The Yoga Stand teacher trainings will be given for cancellations at least 7 days prior to teacher training minus a \$100 processing fee. If Haley Bevers/The Yoga Stand cancels the teacher training, a full credit or refund will be issued. The Yoga Stand reserves the right to amend this policy at its sole discretion.

***I understand The Yoga Stand's Teacher Training refund policy.***

**Attendance Agreement:** I understand that once I am accepted into this teacher training 100% attendance is required. I understand that if I miss any training sessions I will contact the Director of Teacher Training immediately and schedule make up sessions at \$100 an hour or per module cost for a future training to complete and receive teaching certification. I understand that if I miss any training sessions with out contacting the Director of Teacher Training I may be asked to leave the Training with out a refund and will not receive certification.

***I have read and understand The Yoga Stand's Teacher Training School attendance agreement.***

I understand that at the time of acceptance to this training a deposit payment of \$400 is due, and that early payment discounts are not applicable to application fees and deposits.

#### **Dismissal**

Haley Bevers/The Yoga Stand reserve the right to dismiss participants from the training at any time, for any reason. If a student has paid in full, their fee will be prorated based on the number of sessions attended and the remainder

refunded. If the student is paying month-to-month, the monthly fee will be prorated based on the number of attended days of the last module and the remainder refunded. Upon dismissal, participants' free yoga will discontinue.

### **Health and Wellness Promise**

The Yoga Stand expects that all teacher training participants take their commitment to their training very seriously and prepare to care for themselves in positive, nourishing ways that support their energetic, physical and mental output so that they can be at peak performance and avoid illness. Illness will not be regarded as an excused absence; if a student misses any portion exceeding 5 consecutive hours of the training due to sickness, the entire module will need to be made up at a future training, within one year, at per module cost. We highly encourage adequate sleep, regular yoga practice, a clean, nourishing diet and proper personal care and ask that each and every participant promise to abide by this request from time they are accepted into the program going forward.

\_\_\_\_\_  
Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

When completed and signed, please do one of the following:

- Mail to:

Attention: Haley Bevers  
The Yoga Stand  
5903 82nd Street, Suite 500  
Lubbock, TX 79424

- Scan and email to:

info@theyogastand.com

- Drop off with Haley at your next class